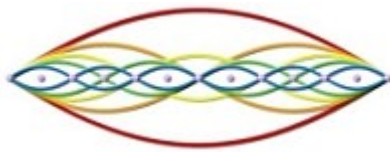


This is a translation from the german website  
<https://www.stimmlabor.de/acapella-improvisations-gruppe-berlin/>

## **DANCING VOICES A Cappella-Improvisation in Berlin**



founded and moderated since 1999 by Miroslav Großer

*Let your voice dance until your soul laughs!*

### **The open Vocal Group DANCING VOICES – that is free musical improvisation with the voice and body**

These evenings are an invitation for you to let your voice and body swing freely. Together we will surrender to the flow of our life energy and we will allow it to express in sound and rhythm, movement and joy. The free improvisation with our voices and bodies activates your presence and your immune system very intensively so that these powerful sound-evenings are experienced as very healing both for the voice and for the body-mind-spirit complex.

We have only three very simple rules for the magical experiences in this group:

1. ALL sounds which you can produce with your own body are welcome and allowed
2. You have complete freedom to move
3. If after 70 minutes (+/- 10 minutes) of improvisation the room turns completely quiet and no one utters a sound, then please, remain silent because then we go into a twelve-minute relaxation phase after which we can talk.

The meetings of DANCING VOICES take place only on the Wednesday evenings listed below. You can join us at any time! **Every voice is welcome!**

Previous training is not required, only a desire for a shared experience of voice and movement!

Recommended is comfortable clothing for change afterwards, because breathing is necessary and sweating is possible.

**Time:** 19:30 to 21:30 (entry starts at 19:10)

**Dates:** 26.6., 11.9., 25.9., 9.10., 23.10., 6.11., 20.11., 4.12., 18.12.2019

**Price:** 15 Euros, discount (also for newcomers) 10 Euros

**Venue:** NEURAUM in Herbertstraße at the corner Kolonnenstraße in 10827 Berlin-Schöneberg (entrance from Herbertstraße, there is no number, but a big sign NEURAUM)

**Please, note that we start on time.** Because of the sensitive process, latecomers cannot be granted entry. If you would like to know more about this singing group, please, call me at this number: 0049-30-43-55-79-77. Yet pre-registration is definitely not required!

### **Comments from participants in this group:**

...I was amazed how fast I could switch my thinking off and then all that was left was sound

...Although it is different every time, it is always especially beautiful

...That was the first time I had felt what it meant to be just sound

...From meeting to meeting I notice more clearly how good it is for my voice to just sing freely

...The energy was to be felt all over my body, even in the space around me

...I am lost for words, after that there is just silence and deep inner peace – without words, without thoughts, pure being

...This is better than any therapy

...After the singing I experienced a very deep emptiness which somehow nurtured me

...I am already looking forward to the next meeting

...I wanted to arrive in my center and I reached my goal

...For me this was like a healing ritual and very sacred as an atmosphere

...Every sound was important, be it quiet or loud, piercing or harmonious

...The long silence in the end was magical and allowed me to embark on an even deeper journey towards myself

